3.5 Small intestine

Table 3.5.1 Overview of key epidemiological parameters for Germany, ICD-10 C17

Incidence		2019		2020		
	Women	Men	Women	Men	1	
Incident cases	1,300	1,570	1,210	1,540		
Crude incidence rate ¹	3.1	3.8	2.9	3.8	1	
Age-standardised incidence rate 1, 2	1.9	2.5	1.7	2.4		
Median age at diagnosis	69	68	70	70	ı	
Mortality		2019		2020		2021
	Women	Men	Women	Men	Women	Men
Deaths	314	377	330	417	347	384
Crude mortality rate 1	0.7	0.9	0.8	1.0	0.8	0.9
Age-standardised mortality rate ^{1, 2}	0.4	0.6	0.4	0.6	0.4	0.5
Median age at death	77	74	77	76	76	74
Prevalence and survival rates		5 years		10 years		25 years
	Women	Men	Women	Men	Women	Men
Prevalence	4,100	5,100	6,900	8,000	9,600	10,900
Absolute survival rate (2019 – 2020) ³	57 (44 – 69)	50 (39 – 58)	47	37 (30 – 42)		
Relative survival rate (2019 – 2020) ³	64 (49 – 76)	59 (47 – 69)	61	53 (43 – 56)		

per 100,000 persons ² age-standardised (old European Standard) ³ in percent (lowest and highest value of the included German federal states)

Epidemiology and risk factors

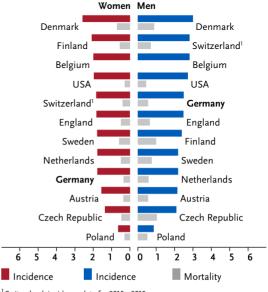
About half of the malignant tumours of the small intestine are neuroendocrine tumours (NET), which also occur less frequently in other organs of the digestive tract, the lungs or the skin.

Gastrointestinal stromal tumours (GIST) account for a good 10% of cases. In total, about 2,750 people in Germany were diagnosed with cancer of the small intestine in 2020, 1,210 of whom were women. Incidence and mortality rates have recently stabilised after a significant increase until around 2015. The 5-year survival rates for both GIST and NET are significantly higher than for other malignant small intestine tumours.

Little is known about risk factors for neuroendocrine tumours NET of the small intestine. The most relevant risk factor is generally a family history of cancer, followed by obesity and diabetes.

Hereditary diseases such as Lynch syndrome, Peutz-Jeghers syndrome, familial juvenile polyposis and cystic fibrosis as well as chronic inflammatory bowel disease (Crohn's disease) increase the risk of adenocarcinomas in the small intestine. Patients with neurofibromatosis type 1 (Recklinghausen's disease) have an increased risk of gastrointestinal stromal tumours (GIST) of the small intestine. In addition, a small proportion of these tumours are due to a hereditary predisposition (familial GIST syndrome).

Figure 3.5.1 International comparison of age-standardised incidence and mortality rates by sex, ICD-10 C17, 2019 – 2020 or latest available year (details and sources, see appendix) per 100,000 (old European Standard)



¹ Switzerland: incidence data for 2015 – 2019

Relative 5-year survival by histology and sex, ICD-10 C17,

Figure 3.5.2 Age-standardised incidence and mortality rates by sex, ICD-10 C17, Germany 1999 – 2020/2021 per 100,000 (old European Standard)

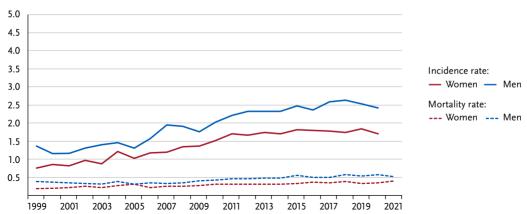


Figure 3.5.3 Absolute and relative survival rates up to 10 years after diagnosis, by sex, ICD-10 C17, Germany 2019 - 2020

Germany 2019 - 2020 100 80 60 40 20 0 6 8 10 GIST NET Other and not otherwise specified Years -- Women abs. survival -- Men abs. survival Histology Women - Women rel. survival - Men rel. survival

Figure 3.5.4

100 80 60 40 20

Figure 3.5.5 Age-specific incidence rates by sex, ICD-10 C17, Germany 2019 - 2020 per 100,000

